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Greater Atlanta Telangana Society NEWSLETTER–October 2025

Greater Atlanta Telangana Society (GATeS) 5K Walk & Run Brings Community Together for Health and Wellness at Chattahoochee Point Park

GATeS YouTube: https://youtu.be/v1_ihQNrKwU

Suwanee, GA – October 12, 2025

In a powerful show of community spirit and support for health and wellness, GATeS and Care Bridge came together to organize a 5K Walk & Run for Charity at Chattahoochee Point Park in Suwanee, GA. The event drew enthusiastic participation from across the Atlanta area and was hailed as a grand success, combining fitness, health education, and charitable giving into one inspiring morning.

The day began with an energetic warm-up session led by Shireesha Mantri, setting a positive tone for the event. Participants of all ages joined in, emphasizing the growing focus on community-wide health and well-being.

Following the warm-up, the 5K walk and run commenced, with participants enjoying the scenic route along the Chattahoochee River. Families, children, and seniors alike joined in, showcasing the event's inclusive and supportive spirit.

As part of the event's commitment to holistic health, a post-race medical education session featured prominent speakers from the medical community:

- Dr. Sreeni Gangasani, Cardiologist, Cardiovascular Group, spoke on heart disease prevention.
- Dr. Vijaya Gunna, Endocrinologist, Endocrinology and Diabetes of Georgia, shared insights on diabetes prevention.
- Shobha Swamy, Certified Food for Life Instructor with Annapoorna Holistic Nutrition, offered practical tips on healthy dietary modifications, particularly for the South Asian community.



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Medical students from the Philadelphia College of Osteopathic Medicine (PCOM) Georgia Hearts also participated, emphasizing the event's educational focus and youth engagement.

Winners of the race were recognized in an awards ceremony that followed:

Women's Winners: Jaya Lakshmi Viswanathan, Vinzy Thulasi, Sandya Beerakayala

Men's Winners: Vipin Surenden, Vijay Nenmeni, Sridhar Diagala

Kids' Winners: Haricharan Vekantasan, Ameya Beerakayala, Srihan Bongla

A healthy breakfast station added a delicious and nutritious end to the event, reinforcing the importance of healthy lifestyle choices.

Special Thanks

Special thanks were extended to Dr. Sreeni Gangasani, Dr. Vijaya Gunna, Shobha Swamy, as well as Suma Gangasani, Pranavi Edupuganti, Madhavi Gangasani, Nanda Chatla, Kishan Tallapally, Naveen Battini, Naveen Vujjini and the GATeS executive committee and board of directors, and all the morning volunteers, for their exceptional planning and execution.

Additional appreciation goes to key team members and supporters: for their contributions toward making the event a smooth and memorable success.

The Atlanta community showed strong appreciation for the event's emphasis on wellness, education, and unity. Many attendees expressed joy at seeing children actively participating in the morning's activities, making it a truly family-friendly occasion.

The success of the 2025 GATeS 5K Walk & Run underscores the growing commitment of local residents to prioritize preventive health, community spirit, and active lifestyles.



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Greater Atlanta Telangana Society Honors Dedicated Volunteers at 2025 Annual Appreciation Event

Atlanta, GA – October 17, 2025:

The Greater Atlanta Telangana Society (GATeS) proudly celebrated its Annual Volunteer Appreciation Event on October 17, 2025, recognizing the unwavering dedication, compassion, and teamwork of its volunteers who served selflessly throughout the year. The event was a heartfelt tribute to the many individuals and families whose efforts shaped every success story of 2025.

This annual gathering symbolized gratitude for hundreds of volunteers who gave their time, energy, and skills to make a difference — both in the Greater Atlanta community and in service projects reaching back home in Telangana. Especially for world Biggest & Tallest Bathukamma festival, Telangana Cultural day, Vanabhojanalu and all monthly events. GATeS leadership extended deep appreciation for their continued spirit of Seva, unity, and cultural pride that kept the organization's mission alive and thriving.

A Tribute to Every Volunteer

The organization expressed immense gratitude to the following volunteers for their exemplary service and involvement throughout 2025:

Dr. Sreeni R. Gangasani, Dr. Prasad Garimella, Dr. Raj Sappati, Dr. Vijaya Gunna, Prabhakar Boyapally, Ravinder Dasarapu, 108 SN Team, Praveen Maripelly, Arun Alladurgam, Suma Gangasani, Viju Chiluveru, Bhaskar Chaganti, Gayatri Chaganti, Kapil Kolipaka, Jyothi Kolipaka, Himay Chandra, Sreehaasya, Hasini Chaganti, Harshita Chaganti, Dhruthi Kolipaka, Deeksha Kolipaka, Anupama, Swapna, Spandana Althati, Ranjith Kodati, Bala Narayana, Manya Mareddy, Shaina Mareddy, Diti Patel, Shrithan, Vivaan, Dhruvan, Kiara, Shekar Gudi, Dinesh Dunthula, Susheel Vonguru Mahesh Chandra Gudi, Sohan Gandra, Advait Gandra, Aanya Gandra, Samvedya Gandra, Yashas Gandra, Shreyansh Sai Prasad, Laasya Vemula, Venkata Abhinava Vegi, Sreeha Kandi, Srihan Bongula, Sanvith Kodati, Sandhyar Mohapatra, Srinivas Vemula, Venkata Vegi, Raghavendra Kandi, Raghu Bongula, Aravind Kanaparthi, Anil Chintala, Meena Tondur, Upender Vanavasam, Susheel Kumar, Madhukar Reddy, Radhika Kondapally, Sunil Gotoor, Bhaskar



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Narannagari, Jyothi Rajyam, Samyuktha Kanaparthi, Chandramouli Vegi, Naresh Tondur, Girish Pinumalla, Shravani, Nanda Chatla, Jyothi Chatla, Harika Battini, Neelima Sattoor, Swati Sattoor, Rajesh Chilkamarri, Neha Kushnapalli, Balanarayana Madda, Shailaja Kushnapalli, Vardhan Devata, Shrithika Reddy Tipparchy, Vedasini Battini, Shree Shresta Nepalli, Prathik Jangoan, Chakrika Nakka, Lohit Jangoan, Satish Nakka, Purushotham Reddy Tipparchy, Rao Devata, Sreevalli Daruri, Snigdha Nellutla, Radha Krishna Chatla, Praveena Kommidi, Raghuv eer Gadipalli, Prakasha Panuganti, Prakash Panuganti, Sharath Gandra, RajShekar Reddy Mallela, Veera Reddy Palnati, Prabhakar Madupathi, Madhu Nambeti, Chandra Sirigiri, Ajay Mudduluru, Siva Vanga, Srinivas Garlapati, Sudhakar Reddy, Ashwika Gandra, Vainavi Battini, Rushy Putta, Sandeep Gundla, South Side Team, Surdeep Thota, Ridhi Thirunagari, Advait Kharimila, Tanvee Thammisetty, Meenakshi Guntipalli, Varshitha Kudelli, Jashith Charvik, Sathvika Poola, Aarush Chatrathi, Hariram Sai Kantipudi, Saisanjana Dasarapu, Tanvi Ravuri, Rajib Mukherjee, Naveen Battini, Anand Bukka, Sneha Bukka, Vijay Vinjamara, Naveen Vujjini, Ganesh Valluri, Gayatri Valluri, Geetha Narannagarai, Aravind Ediga, Kireeti Vaggu, Vishnu Daripelly, Hema, Dheeraj, Venkatesh Polu, Manju Polu, Shyam, Ramachari Nakkerthy, Raveender Dasarapu, Ramana Gandra, Anil Kushnapalli, Hemanth Palla, Kirthidhar Goud Chekilla, Saritha Goud, Shaileja Kushnapalli, Siritha Polsani, Rajesh Tupakula, Priya Batti, Ramakrishna Gandra, Chandrashekar Althati, Sunil Gotoor, and many other supporters who stood as the backbone of the organization throughout the year.

Their commitment, compassion, and consistency exemplify the spirit of unity and cultural pride that defines the Greater Atlanta Telangana Society.

Heartfelt Words of Gratitude

During the ceremony, GATeS leaders extended deep appreciation to every volunteer:

“Each of you has made a remarkable impact. Your time, effort, and devotion to service have not only strengthened our community here in Atlanta but have also carried the light of Telangana’s values across borders. You are the reason every initiative succeeds and every smile is brighter.”



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"To our sponsors, advisory family, and leadership family—thank you for standing with us. Your continued faith and support empower us to serve better, reach further, and dream bigger."

GATeS Team 2025: President: Naveen Battini, Board Chairman: Naveen Vujjini, Vice President: Ramana Gandra, General Secretary: Kirthidhar Goud Chekilla, Treasurer: Raghuveer Reddy, Cultural Secretary: Jyothsna Palakurthy, Technology Secretary: Ramakrishna Gandra, Media Secretary: Anil Kushnapalli, Event Secretary: Geetha Narannagari, Sports Secretary: Sharath Gandra. Board of Directors: Vijay Vinjamara, Chandrashekar Althati, Madhukar Reddy, Hemanth Palla, Ranjith Kodati.

GATeS Advisor Team: Dr. Sreeni Gangasani, Dr. Satish Cheeti, Prabhakar Boyapalli, Goutham Goli, Karunakar Asireddy, Kiran Pasham, Dr. Venkat Veeraneni, Srijan Joginipally, Sreedhar Nelavelli, Ratnakar Elugunti, Nanda Chatla, Narender Reddy, Sridhar Julapelly, Anil Bodireddy, Thirumal Pitta.

GATeS Past Leadership: Late G.S. Reddy Garu (Founder), Ratnakar Elugunti, Srijan Joginipally, S.Prabhakar Reddy, Dr. Venkat Veeraneni, Dr. Sreeni Gangasani, Mahesh Nilagiri, Narender Reddy, Prashanthi Asireddy, Dr. Satish Cheeti, Nanda Chatla, Sreedhar Nelavelli, Thirumal Pitta, Anil Bodireddy, RahullChikyala, Anitha Nellutla, Kishan Tallapally, Chittari Pabba, Sunil Gotoor, Prabhakar Madhupathi, Janardhan Pannela, Srinivas Parsa, Sandeep Reddy Gundla, ChalapathiVennamaneni.

Greater Atlanta Telangana Society (GATeS) Serve Families in Need Through October 2025 Food Drive

GATeS YouTube: <https://youtu.be/wYAl2Es-cg4>

Atlanta, GA — The Greater Atlanta Telangana Society (GATeS) proudly continued its commitment to community service through its ongoing food donation initiatives. As part of the October 2025 Food Drive, GATeS partnered with the



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North Fulton Community Charities (NFCC) on October 25th to host a meaningful and impactful food service event, supporting families across the Atlanta area.

This collaboration reflected GATeS core values of compassion, dignity, and community care. Volunteers and donors came together to provide nutritious meals and essential supplies to families in need—each contribution serving as a powerful reminder of the unity and generosity within the community.

"We are deeply grateful to our volunteers and donors whose unwavering dedication made this initiative a success," said a GATeS spokesperson. "Together, we continue to nourish hope and uplift lives through service."

A special note of appreciation goes to **Rajib Mukherjee and family** for their generous donation, which helped make this event possible. Their support exemplifies the true spirit of giving and community involvement that drives GATeS mission

We also extend our warm gratitude to the dedicated GATeS volunteers—Ranjith Kodati, Rajib Mukherjee, Rayan Mukherjee, Bala Narayana Madda, Vainavi Battini, Vedasini Battini, Ramana Gandra, Naveen Battini

Let's continue working together to make a positive impact in our community!





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Greater Atlanta Telangana Society (GATeS) Adopt-A-Road Program | Forsyth

GATeS YouTube: <https://youtu.be/DJZvgJwhTUo>

Youth-Led "Adopt-a-Road" Cleanup Drive – A GATeS Success Story!

The Greater Atlanta Telangana Society (GATeS), a respected community organization dedicated to promoting service, culture, and civic values, proudly organized a youth-led "Adopt-a-Road" cleanup drive on Sunday, October 26, 2025. This impactful initiative was part of GATeS ongoing mission to nurture civic responsibility and environmental awareness among our youth.

The cleanup took place along a 2-mile stretch between Old Atlanta Road and Buford Highway in Cumming, GA. The event drew enthusiastic participation from local youth, families, and community volunteers — all united by a shared goal of giving back and keeping our neighborhoods clean and beautiful.

Volunteers gathered at 9:00 AM on a bright Sunday morning, full of energy and community spirit. After check-in and safety briefings, participants formed teams to collect and properly dispose of litter along the adopted roadway. The young volunteers worked diligently for over two hours, demonstrating leadership, teamwork, and dedication to civic service.

Every student received a certificate of appreciation and earned volunteer service hours in recognition of their contributions.

A heartfelt thank you to the dedicated students, supportive families, passionate volunteers, and the GATeSTeam for guidance and participation. Your collective efforts brought the GATeS mission to life and made a meaningful impact on our community.

This initiative was more than just a cleanup — it was a day of learning, leadership, and civic pride. Together, we continue to build a stronger, cleaner, and more connected community!



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Volunteers:

Vardhan Devata, Surdeep Thota, Ridhi Thirunagari, Advait Kharimila, Tanvee Thammisetty, Meenakshi Guntipalli, Varshitha Kudelli, Jashith Charvik, Shree Shreshtha Neppalli, Sathvika Poola, Aarush Chatrathi, Hariram Sai Kantipudi, Advait Gandra, Mahesh Chandra Gudi, Saisanjana Dasarapu, Tanvi Ravuri, Ravinder Dasarapu. Rajib Mukherjee, Ranjith Kodati, Raghuveer Gadipalli, Naveen Battini



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Continued Yoga Classes at Greater Atlanta Telangana Society (GATeS)

We are excited to announce that GATeS provided daily yoga classes throughout April and will continue offering virtual sessions until December 31st, 2025(Jan-Dec)! Our daily yoga classes are designed to keep you healthy, motivated, and help you incorporate yoga and regular exercise into your daily routine. Whether you're just starting your yoga journey or you're an experienced yogi, all are welcome to join us! A heartfelt thank you to the 108SN Team for leading these sessions and helping us bring wellness to our community!

365 DAYS COMMUNITY SERVICE

YOGA & SURYA NAMASKAR CLASSES

START DATE : JAN 1st 2025 **END DATE : DEC 31st 2025**

TIME : 7:00AM EST | 8:00PM EST | 9:30 PM EST

GATeS MEMBERS - FREE CLASSES

CHANDRA NAMASKAR - DEC 31st, 2025

IN COLLABORATION WITH SN FOUNDATION

REGISTRATION : <https://tinyurl.com/GATeSYoga>

BECOME GATeS MEMBER : <https://www.gatesusa.org/member-registration.html>

Contact : Naveen Battini: +1(404) 704-2616 Naveen Vujjini: +1(248) 990-4646
Chandrashekar Althati: +1(404) 353-8812

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Embrace the Power of Forgiveness Hosted by APMA in association with GATeS

The inner-healing session "Embrace the Power of Forgiveness", hosted by APMA in association with GATeS, was conducted on Saturday, October 25th, by Sr. Pyramid Master Vasumathi. Participants came together with open hearts, ready to explore the deep and transformative essence of forgiveness. The atmosphere was serene and welcoming, creating an ideal space for reflection, healing, and emotional release.

Master Vasumathi began the session by sharing gentle yet powerful insights on forgiveness as a liberating act—an offering we make to ourselves to release emotional burdens and move forward with clarity. Through guided pyramid meditation, breath awareness, and reflective practices, attendees were led into an inner journey that helped them acknowledge old wounds and soften the emotional weight carried from the past.

As the session progressed, many participants experienced a profound sense of peace and lightness. The forgiveness exercises invited them to let go of lingering pain, and the meditative energy created

a safe environment for deep emotional cleansing. Several individuals expressed that they felt a renewed connection with themselves and a clarity that had been missing for years. The heartfelt sharing that followed further deepened the sense of unity and mutual understanding among everyone present.

The session concluded on a note of gratitude and hope, leaving participants inspired to carry the practice of forgiveness into their daily lives. With renewed hearts and lighter minds, everyone walked away with a deeper understanding that forgiveness is not a one-time act, but a continuous journey toward freedom, compassion, and self-love.

Embrace the Power of Forgiveness

Master Vasumathi
Sr. Pyramid Master

Heal and move forward together

Telugu with translation

ATLANTA PYRAMID MEDITATION ACADEMY
ENERGY • WISDOM • CONSCIOUSNESS

Atlanta Pyramid Meditation Academy

Saturday, October 25, 2025
11 am to 5 pm, Denmark Library

Forsyth County Public Library - Denmark Library
530 Fowler Road Alpharetta 30004

Lunch will be served

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Arun Alladurgam : +1 (251) 509-5151

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